



| Södergående |            |            |            |            |            |  |                                      |            | Norrgående |            |            |            |            |  |
|-------------|------------|------------|------------|------------|------------|------------------------------------------------------------------------------------|--------------------------------------|------------|------------|------------|------------|------------|------------|--|
|             | Mån        | Tor        | Fre        | Fre        | Sön        | Sön                                                                                | 8 jun - 19 jun                       | Mån        | Tor        | Fre        | Fre        | Sön        | Sön        |  |
|             |            |            |            |            |            | <b>BB</b>                                                                          |                                      |            |            | <b>BB</b>  |            | <b>BB</b>  |            |  |
|             | <b>R30</b> | <b>R30</b> | <b>R30</b> | <b>R30</b> | <b>R30</b> | <b>R30</b>                                                                         |                                      | <b>R30</b> | <b>R30</b> | <b>R30</b> | <b>R30</b> | <b>R30</b> | <b>R30</b> |  |
|             |            |            |            | 09:20      |            | 12:00                                                                              | Umeå busstation                      |            |            | 22:05      |            | 20:20      |            |  |
|             |            |            |            | -          |            | -                                                                                  | Umeå sjukhus, hpl C                  |            |            | a          |            | a          |            |  |
|             |            |            |            | -          |            | -                                                                                  | Ålidhöjd, Tvistevägen                |            |            | a          |            | a          |            |  |
|             |            |            |            | 09:40      |            | 12:20                                                                              | Hörnefors, Circle K, E4              |            |            | 21:20      |            | 19:50      |            |  |
|             |            |            |            | 10:00      |            | 12:40                                                                              | Nordmaling resecentrum, hpl Circle K |            |            | 20:55      |            | 19:35      |            |  |
|             |            |            |            | 10:20      |            | 13:00                                                                              | Husum, E4                            |            |            | 20:40      |            | 19:15      |            |  |
|             | 11:00      | 11:00      |            | 11:00      | 08:00      | 13:40                                                                              | Örnsköldsvik resecentrum             | 16:20      |            | 20:20      | 23:45      | 18:50      | 23:45      |  |
|             | 11:12      | 11:12      |            | 11:12      | 08:12      | 13:52                                                                              | Bjästa, södra utfarten E4            | 15:50      |            | 19:50      | 23:25      | 18:25      | 23:25      |  |
|             | 11:22      | 11:22      |            | 11:22      | 08:22      | 14:02                                                                              | Skuleberget Naturum, E4              | 15:39      |            | 19:38      | 23:12      | 18:15      | 23:12      |  |
|             | 11:25      | 11:25      |            | 11:25      | 08:25      | 14:05                                                                              | Docksta Marina, E4                   | 15:35      |            | 19:35      | 23:10      | 18:12      | 23:10      |  |
|             | 11:35      | 11:35      |            | 11:35      | 08:35      | 14:15                                                                              | Ullånger, baksidan OKQ8              | 15:25      |            | 19:25      | 23:00      | 18:00      | 23:00      |  |
|             | 11:55      | 11:55      |            | 11:55      | 08:55      | 14:35                                                                              | Hornöberget, E4                      | 15:05      |            | 19:05      | 22:35      | 17:35      | 22:35      |  |
|             |            |            | 07:25      |            |            | 13:30                                                                              | Sollefteå busstation hpl A           |            | 20:05      | 20:05      |            | 18:45      |            |  |
|             |            |            | 07:55      |            |            | 14:00                                                                              | Bollstabruk busstation               |            | 19:30      | 19:30      |            | 18:15      |            |  |
|             |            |            | 08:10      |            |            | 14:10                                                                              | Kramfors resecentrum                 |            | 19:20      | 19:20      |            | 18:05      |            |  |
|             |            |            | 08:20      |            |            | 14:20                                                                              | Lunde                                |            | 19:10      | 19:10      |            | 17:55      |            |  |
|             |            |            | 08:30      |            |            | 14:30                                                                              | Hälledal, RV90                       |            | 19:00      | 19:00      |            | 17:45      |            |  |
|             | 12:25      | 12:25      | 08:50      | 12:25      | 09:25      | 15:00                                                                              | Härnösand resecentrum                | 14:45      | 18:45      | 18:45      | 22:15      | 17:15      | 22:15      |  |
|             | 12:30      | 12:30      | 09:00      | 12:30      | 09:30      | 15:05                                                                              | Härnösand resecentrum                | 14:40      | 18:40      | 18:40      | 22:10      | 17:10      | 22:10      |  |
|             | 12:50      | 12:50      | 09:20      | 12:50      | 09:50      | 15:25                                                                              | Torsboda, E4                         | 14:15      | 18:15      | 18:15      | 21:45      | 16:45      | 21:45      |  |
|             | 12:55      | 12:55      | 09:25      | 12:55      | 09:55      | 15:30                                                                              | Timrå centrum, E4                    | 14:10      | 18:10      | 18:10      | 21:40      | 16:40      | 21:40      |  |
|             | 13:00      | 13:00      | 09:30      | 13:00      | 10:00      | 15:35                                                                              | Birsta, E4                           | 14:05      | 18:05      | 18:05      | 21:35      | 16:35      | 21:35      |  |
|             | 13:20      | 13:20      | 09:50      | 13:20      | 10:20      | 15:55                                                                              | Sundsvall resecentrum                | 14:00      | 18:00      | 18:00      | 21:30      | 16:30      | 21:30      |  |
|             | 13:50      | 13:50      | 10:20      | 13:50      | 10:50      | 16:25                                                                              | Gnarp, Circle K                      | 13:10      | 17:20      | 17:20      | 20:50      | 15:50      | 20:50      |  |
|             | 13:55      | 13:55      | 10:25      | 13:55      | 10:55      | 16:30                                                                              | Jättendal, Dvästa E4                 | 13:05      | 17:15      | 17:15      | 20:45      | 15:45      | 20:45      |  |
|             | 14:00      | 14:00      | 10:30      | 14:00      | 11:00      | 16:40                                                                              | Harmånger, Nordanå E4                | 13:00      | 17:10      | 17:10      | 20:40      | 15:40      | 20:40      |  |
|             | ej         | ej         | ej         | ej         | 11:20      | 17:00                                                                              | Hudiksvall Circle K, Glada Hudik     | ej         | ej         | ej         | 20:20      | 14:50      | 20:20      |  |
|             | 14:25      | 14:25      | 10:55      | 14:25      | 11:55      | 17:40                                                                              | Hudiksvall resecentrum, hpl X        | 12:40      | 16:45      | 16:45      | 19:40      | 14:40      | 19:40      |  |
|             | 14:30      | 14:30      | 11:05      | 14:30      | 12:05      | 17:45                                                                              | Iggesund, E4                         | 12:25      | 16:30      | 16:30      | 19:30      | 14:30      | 19:30      |  |
|             | 14:40      | 14:40      | 11:10      | 14:40      | 12:15      | 17:55                                                                              | Enånger E4                           | 12:20      | 16:25      | 16:25      | 19:25      | 14:25      | 19:25      |  |
|             | 15:05      | 15:05      | 11:30      | 15:05      | 12:40      | 18:15                                                                              | Söderhamn resecentrum                | 12:00      | 16:05      | 16:05      | 19:00      | 14:00      | 19:00      |  |
|             | 15:25      | 15:25      | 11:50      | 15:25      | ej         | ej                                                                                 | Tönnebro Vårdshus                    | 11:40      | 15:40      | 15:40      | ej         | ej         | ej         |  |
|             | 16:00      | 16:00      | 12:25      | 16:00      | ej         | ej                                                                                 | Tönnebro Vårdshus                    | 11:10      | 15:10      | 15:10      | ej         | ej         | ej         |  |
|             | 16:35      | 16:35      | 13:00      | 16:35      | 13:35      | 19:15                                                                              | Gävle Bro E4                         | 10:35      | 14:35      | 14:35      | 18:05      | 13:05      | 18:05      |  |
|             | 17:35      | 17:35      | 14:05      | 17:35      | 14:35      | 20:15                                                                              | Uppsala, Gränby, Takpanneg.          | 09:35      | 13:35      | 13:35      | 17:05      | 12:05      | 17:05      |  |
|             | 18:05      | 18:05      | 14:45      | 18:05      | 15:15      | 20:50                                                                              | Arlanda, terminal 4                  | 09:05      | 13:05      | 13:05      | 16:35      | 11:35      | 16:35      |  |
|             | 18:20a     | 18:20a     | 15:00a     | 18:20a     | 15:30a     | 21:05a                                                                             | Upplands Väsby, Scandic Hotel        | ej         | ej         | ej         | ej         | ej         | ej         |  |
|             | 18:45      | 18:45      | 15:20      | 18:40      | 15:50      | 21:30                                                                              | Stockholm, Cityterminalen            | 08:30      | 12:30      | 12:30      | 16:00      | 11:00      | 16:00      |  |

Rast på Tönnebro 30 min  
Ev bussbyte för resande till/från Sollefteå

R30  
BB  
a = endast avstigande